



Foundation for Sexual Grounding Therapy® FSGT

Application Form for  
Sexual Grounding Therapy® International Trainings  
**Foundation Week** Tuesday 1<sup>st</sup> August 2006 - Sunday 6<sup>th</sup>.

***Some notes about this form and the application procedure.***

*All information herein is strictly confidential and will be used only for the purpose of this training. Due to the sensitive nature of information contained this document should not be returned electronically.*

*The main purpose of this application form is to assist the training team of the Association of Sexual Grounding Therapists and Trainers (ASGTT) to assess whether we are able to properly meet your needs on this course, and whether there are any reasons why we would not recommend your participation.*

*Secondly, it sets out the contractual relationship between the applicant and the organisers. This form needs to be signed and, when your application is accepted, it becomes a contract between yourself and the organisers. When you have agreed to and met your financial obligations a receipted invoices will be issued.*

- *You should fill in all sections to the best of your ability, print out, sign and date the document, and send it by regular post to: **The Centre for Gender Psychology, Lengourp, 81190 Jouqueviel, France.***
- *A deposit cheque for £150.00 should accompany your application. Please make cheques out to **The Centre for Gender Psychology**. Pounds Sterling cheques only, please. Alternatively, €230.00 Euros may be transferred direct to bank, details on final page. Your deposit reserves your place and acts as your training application fee. In the event of any cancellation or postponement by the organisers it will be fully refunded to you. If you chose to cancel your place within 8 weeks of the start of the course we will refund to you 50% of your payment. See below [terms and conditions](#).*
- *You will then receive a confirmation letter giving details of the venue and practical information about the course, payment details and contractual obligations, both to the organizers and to the venue.*

*In some cases we may ask applicants to come for an interview in order to determine whether this training is currently appropriate. Should your application be rejected, this document will be returned to you, if you so request. On acceptance for the course you will receive a letter inviting you to join the next training and detailing the next steps. In the rare case that, despite all precautions, the course does not turn out to be appropriate to your current developmental level, the training team will advise you to discontinue in order to do extra therapeutic work. You may then rejoin the next training for the modules that you missed. In such cases, course fees will be transferred but not refunded.*

*Please remember to sign this application form on the final page.*

Name..... Address .....

.....

Poste Code ..... Country.....

Tel..... Mobile.....

Fax..... E-mail.....

Date and place of birth..... Profession.....

Marital status..... Children.....

### **A. Physical and mental health.**

**NB.** Sexual Grounding Therapy® is physical body-work coupled with psychotherapeutic processes, which can be intensive and strenuous at times. Participants need, therefore, to be in good health.

***Special note for women concerning pregnancy.*** Some parts of the course are physically very demanding. Consequently, we do not recommend that pregnant women attend this course. By signing this application form, we ask you to undertake not to attend this course while pregnant.

1. Do you have, or have you ever had, problems with:
  - a. Your heart? Your blood pressure? Your back? Epilepsy?  
No .... If Yes, please describe
  - b. Childhood sexual traumas, such as child sexual abuse, or ther childhood traumas? No .... If Yes, did you receive treatment? Please describe the form and results of treatment.
  - c. Do you have a contagious disease? Venereal diseases? No .... If Yes, please describe.
  - d. Any form of addiction? No ..... If Yes, please describe.
  - e. Depression or other physical and/or mental conditions? No .... If Yes, please describe.
2. Did you have any extreme fears or phobias in childhood? No .... If Yes, please describe.
3. Are you taking medication for the above diseases and/or any other physical complaints? No.... If Yes, please list medication and purpose of medication
4. Are you now having, and have you ever had, psychiatric treatment? No...If Yes, please describe.
5. Are you currently in therapy? No...If Yes, please describe the modality.



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6. Have you had any experience in body-oriented psychotherapy (either giving or receiving)? No..... If Yes, please describe, including reasons for therapy, names of therapists and outcomes.
7. Do you have any experience in psychotherapeutic group settings? No .... If Yes, please describe, including outcomes.
8. Are there any other specific matters with respect to your physical, mental and/or emotional health - including pregnancy - that might affect your participation in this training? No .... If Yes, please describe.

**B. Social factors.**

1. Have you any children under the age of five? No .... If Yes, have proper arrangements been made for their care during the training periods?
2. This is an intensive course. Do you have friends or relations you can rely on for emotional support? Yes.... If not, how do you intend to cope with any emotional stress?
3. If you come alone, without your current partner, how does he/she feel about your participation on this course?

**C. Motivation for participation:**

1. How did you hear about this training?
2. Briefly, why do you wish to participate in this course?
3. Briefly, describe your expectations on doing Sexual Grounding Therapy for your sex-life, love-life, spiritual life.
4. Briefly, describe your growing up inside your historical family triangle - father, mother and child. How were you affected in your sense of your heart and in your sense of your genitals? Include an account of the influence of your family's sexual morality.

5. Briefly, describe your present relationship with your parents, whether alive or dead.
6. Briefly, describe your present relationship with your siblings, whether alive or dead.
4. Briefly, how do the relationships you have described continue to impact you sexually in regard to yourself, your partner, and your social environment?
8. What sexual relationships are you currently involved in, including those in reality, in potential, and in fantasy?
9. Any other reasons for wishing to attend this training?

## **TERMS AND CONDITIONS**

### ***Advertised information***

The Organisers reserve the right to change staffing, dates and venues, with due notice.

### ***Guidelines***

In order to ensure safety and general progress within the course group, participants are required to read and sign the *Sexual Grounding Therapy Guidelines* prior to the start of the course. These dictate proper conduct from all parties on the course.

### ***Responsibility***

Participants are responsible for their actions within the group at all times. Participation in group activities is on a voluntary basis. Trainers and organisers do not accept responsibility for any physical or emotional harm incurred as a result of course participation. All forms of physical violence are prohibited, and proper sober conduct at venues is expected. Participants are under obligation to reimburse the venue owner for any damage they may cause to movable or immovable properties at the course location.

### ***Disputes***

Any dispute arising will be submitted to the Ethics Committee of the ASGTT, the International Professional Association of Sexual Grounding Therapists and Trainers.

### ***Premature termination of the course***

A participant who decides to discontinue the course of their own accord remains liable to pay the total course fees, even if due to changing circumstances. If, at any point during the course, a participant's level of personal development or ability to contain process arising proves to be insufficient to prevent causing harm to themselves, to other group members, or impeding the progress of the course, the trainers retain the right to advise that he/she take part in additional therapeutic sessions, and/or, if necessary, insist that he/she leave, or resume the course at a later date. In any such event, course fees will not be refunded.

### ***Cancellation***

Up to 8 weeks prior to the start date: 50% refund, 8– 0 weeks prior to the start date: no refunds  
Cancellation of accommodation is subject to the terms and conditions of the relevant venue.



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***Circumstances beyond one's control***

Neither party will be put in default if they fail to meet the obligations set out in the course agreement as a result of 'Acts of God' or circumstances beyond their control.

**AGREEMENT**

I undertake that the answers I have given are correct to the best of my ability. I agree to the terms and conditions as set out. I am applying for this course as a self-responsible adult.

Signed.....

Date.....

**COSTS AND ACCOMMODATION PREFERENCES**

The Foundation Week in Sexual Grounding Therapy at the Hameau de L'Etoile is a residential week. The course begins on **Tuesday 1<sup>st</sup> August 2006 at 10.00 am and finishes on Sunday 6<sup>th</sup> at 5pm.** The minimum stay is therefore 5 nights, but more likely to be 6, according to your travel arrangements. You may also stay on for the Sunday night if you wish. We will forward your accommodation choices to the venue, but you are responsible for settling up with them on arrival. When we confirm your application we will give details of transit arrangements to and from the venue. The food is plentiful and high quality with vegetarian and non-vegetarian options, but the Hameau does not cater for special diets like Vegan or Gluten-free.

The course fees are: €737.50, (no VAT) or Sterling equivalent, approx: £525, including administration fee, but not travel nor accommodation costs. Full board and accommodation is from €48 per day, payable to the venue directly.

Please indicate by ringing or underlining your accommodation choices and marking your preferences with the numbers 1 and 2. We will endeavor to meet your wishes.

*In the main building, bedding & towels provided*

Sharing in a 4 person room	€52 per day
Sharing in a 3 person room, with ensuite-bathroom	€55 per day
Sharing in a 2 person room, with ensuite-bathroom	€61 per day
Single room with ensuite-bathroom	€79 per day

*In the grounds, bedding, but no towels provided*

Sharing in a 2 person wooden cabin (11m <sup>2</sup> )	€52 per day
Single wooden cabin (6m <sup>2</sup> )	€56 per day

*In the grounds, bedding and towels not provided*

Camping, with your own equipment	€48 per day
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Plus add the high season supplement of €20 per week.

Please indicate below when you expect to arrive and depart.

Arrive:

Depart:

***Reminder***

This form should be sent by post (not by internet) to **The Centre for Gender Psychology, Lengourp, 81 190 Jouqueviel, France**. Please email to say that you have posted it.

***Payment***

Please enclose your deposit, a cheque for £150 Pounds Stirling made out to **The Centre for Gender Psychology**. If you want to pay in Euros (€230.00 for the deposit, Eurozone cheques not accepted) or to transfer your payment directly to bank please send it to:

**N Duffell and H L Sørensen, T/A The Centre for Gender Psychology,**

**IBAN: GB91RBOS16106510008734**

**BIC: RBOSGB2L**

(in the code RBO the O is a capital O and not a zero)

**Account no.: 43432001, sort code: 16-57-10**

**Bank: Cater Allen, 9 Nelson St., Bradford BD1 549, UK.**

You should mark your payment for any bank charges to be deducted *your end*, otherwise you will be invoice for transaction charges. Please email to say that you have sent it.