

15. When already established couples attend a training together, it is understood that they put Sexual Grounding Therapy® Training dynamics and processes before private sexual activity between themselves. So they may each have the freedom to bring their own individual sexual process into the group for personal work and development. Each student/client recognizes that any person's sexual expression can be the subject of a Sexual Grounding Therapy® process during the training/therapy, and that the same structures apply to all, including those in a married or already established sexual relationship.

16. Therapy students/clients are suggested not to discuss training/therapy experiences or trainers/therapists with anyone not directly and professionally part of their training/therapy so that a secure and professional environment is provided for all. What is best shared with those not involved in the training/therapy is the student's/client's own changed expression and choices, rather than trying to describe to others what happens in training/therapy.

17. Students/clients are to recognize they make a full commitment to attend all training sessions, except in extreme emergencies, and that their training fees are for the full training experience whether they are able to attend all sessions or not. The Foundation and its trainers and therapists cannot be held financially or time-wise responsible for any sessions missed by students for whatever reason. When possible make-up sessions may be negotiated. Students/clients are always obligated to meet all training/therapy requirements, including training/therapy hours and subjects. Clients will get a declaration after the Sexual Grounding Therapy® Basic Training. Students will get a certification after the Sexual Grounding Therapy® Therapist Training.

18. Students also commit to learning the theory, models, and methods involved in Sexual Grounding Therapy®. They agree not to call themselves a Sexual Grounding Therapy® therapist or Sexual Grounding Therapy® trainer during their course work or after unless fully graduated and certified by their trainers and the governing body of the Foundation.

This includes not using the logo or training formats and training programs devised for Sexual Grounding Therapy® and Training®.

19. Mention of having taken Sexual Grounding Therapy® training in a student's own brochures can only be done after graduation as a Sexual Grounding Therapy® therapist. Credit to the originators of Sexual Grounding Therapy® for material and concepts is of course to be given in any writings, with use of diagrams and full text passages requiring permission in writing from the author or the Foundation.

AGREEMENT

I have read and understood and I explicitly consent to these Guidelines. Furthermore I declare to take full responsibility for my actions and that I will not hold the Foundation for Sexual Grounding Therapy®, therapists or trainers liable for any damage caused by my own actions.

Signature

Name

Date

Place

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Foundation for
Sexual Grounding Therapy®

Founder: Willem Poppeliers



WORKING GUIDELINES SEXUAL GROUNDING THERAPY® STUDENTS AND CLIENTS



First read these over to understand them well because it is a part of your contract with the Foundation for Sexual Grounding Therapy®. If you need to talk about any of the points please do so only with members of the Foundation since these guidelines are not for the general public. These Guidelines are in effect until the year 2003. If you consent then please enter name, date and place and sign under 'agreement' on both copies. Keep one copy and hand in one.

GUIDELINES

1. Therapy students/clients recognize that Sexual Grounding Therapy® is a serious endeavor requiring they reveal themselves sexually and emotionally and accept to work with the processes involved. If successful, new challenges and therapeutical insights will come to them that they need to understand regarding their genital-heart and heart-genital connections within themselves.

2. Students/clients agree to be guided by their Sexual Grounding Therapy® trainer/therapist so they can benefit from the work. Should resistances to the training or trainer/therapy or therapist come up the student/client is asked to keep a full commitment by sharing openly their resistances, doubts, longings and sexual reactions as they arise.

3. Therapy students/clients make a commitment to deal with their body transference issues by trying to stay in the training/therapy process with the trainer/therapist and working through their feelings and patterns, especially regarding their sexual triangle.

4. Students/clients understand that because of the nature of the training/therapy a trainer/therapist might go into body countertransference with them. This necessitates a spirit of honesty, objective sharing and effort to deal with the dynamics involved, including allowing sufficient time and energy for a process to unfold and reach resolution both in terms of transference and countertransference.

5. Students/clients in Sexual Grounding Therapy® are prepared to make a specific commitment with their Sexual Grounding Therapy® trainer/therapist to a certain number of sessions in groups outside the training, so they may go through a complete process with their trainer/therapist. Nevertheless the student/client is always free to quit therapy or training. In such a case they make an appointment with a trainer or therapist before leaving.

6. Should students/clients feel absolute necessity to quit training/therapy, or quit with their Sexual Grounding Therapy® trainer/therapist, then they will try to work this through with their trainer/therapist. If the student/client does not feel satisfied the student/client will then take up the issue with the officially designated board or member of the Foundation for settling issues of a therapeutic nature.

7. The student/client recognizes explicitly that no part of the body is excluded from therapeutic interactions. The trainer/therapist is committed to treating eventually all parts of both his or her body and that of the student's/client's with equal value in their natural and physical-emotional functions. Interactions need to be appropriate to the triangle developmental stage involved. So training/therapy may include treating the genitals and anal area just like other parts of the body.

8. Students/clients understand and may be assured that what they reveal to the therapist and trainer is held in strictest confidentiality by them. However the therapist and trainer reserve the right to discuss anonymously with Sexual Grounding Therapy® colleagues, or a supervisor, specific material regarding the student/client so as to be more objective regarding the individual's processes.

9. If difficulties or disputes arise it is understood that students/clients will seek to resolve a situation with the professionals directly involved. If other recourse is needed, the student/client agrees to seek resolution with the confidential person of the Foundation.

10. Due to the nature of Sexual Grounding Therapy® the student/client is asked to understand that a different specific training/therapeutic context applies which may contrast considerably with other training/therapeutic contexts or attitudes elsewhere in society, for instance working with the undressed body. The student/client is expected to study the Sexual Grounding Therapy® model so he or she may better understand their own processes. The student/client is always encouraged to bring up any related issue with the trainer/therapist.

11. Each student/client is expected to take full responsibility for his or her own involvement in Sexual Grounding Therapy® exercises and processes. He/she will also accept personal responsibility for the optimal protection of the other group members and him/herself against STD (Sexually Transmitted Diseases). The student/client understands that a Sexual Grounding Therapy® trainer/therapist never seeks to force or demand that a student/client do anything beyond the student's/client's capacity to make a free choice in the situation.

12. Therapy students/clients recognize they may be asked to carry out tasks and assignments between training/therapy sessions, as well as during the sessions.

13. Therapy students/clients are expected to refrain from sexual activity with other group members, with staffmembers of the conference-residences and from other extramarital affairs, during the full course of the training/therapy. Certainly no personal or private sexual activity is allowed with the trainer/therapist. Sexual intercourse itself is not part of the training/therapy process. In later developmental stages of SGT® Coursework Two sexual intercourse may be part of the process. But this should only take place outside the regular course sessions, on advice of the therapist or trainer and by consent of the sexual partner of ones own choosing. This partner should not be a participant of the ongoing training.

14. In case anyhow overt sexual contact occurs between student/client and trainer/therapist in a non-therapeutic setting during or after the training/therapy, it is expected that this should be brought up with the confidential person of the Foundation for processing in an objective manner. The student/client recognizes that the therapeutic commitment is to deal with everyone's sexuality as objectively and truthfully as possible, and that no one, including therapist or trainer is exempt from this process.